

## **Dr. Shraddha Dilip Dhiwal**

Dr. Shraddha Dilip Dhiwal is an Assistant Professor in the Department of Educational Psychology and Foundations of Education, NCERT since 2006. She is Ph.D. in Education. She has been involved in conducting Research, Development and Training of Teachers and Teacher Educators in the area of Guidance and Counselling, Peace Education and Value Education. She has been conducting training and capacity building programmes for teachers at NIE as well as at regional level across the country. She has been a National Resource Person for the Training Programme for teachers NISHTA. She has also given programmes on Swayam Prabha for facilitating mental welling of School children “Sahyog”, “Guidance for Students: Exam Helpline” ,sessions on Alternative Academic calendar for Schools and School Health Programme as well as Online Teacher Training on NISHTA. Recently, she has published a book “Career Aspiration and Self-Discrepancies among Higher Secondary Students with aspect to Parental Aspiration” which helps to understand career choice pattern of students in India.